



What's New at EJC Dentistry

As we approach another Thanksgiving season, I would like to take the opportunity to thank all of our patients for your trust and loyalty. We strive to provide you with the absolute best dental care that is available today with up-to-date materials and techniques. My goal for each patient is to provide the same quality work I would want done in my own, or family's mouth. One of the things most of you are probably now familiar with is the HealOzone machine that can reverse early decay and provide as close to a sterile field before fillings are placed which can help prevent future decay. The diagnodent, laser cavity detector, to help identify decay at its earliest stages and the intra-oral camera to help patients see the "good, the bad and the ugly" things in their own mouths on the computer screen. One of the things that some of you may recall

is a survey discussing a piece of equipment which may help detect early stages of oral cancer. While I haven't given up on this machine, it is important to be sure that this is not just another 'fad' that the supply company wants to promote and be sure it actually does what it is supposed to. Since I don't do the biopsies, I also need to be sure the surgeon also supports this diagnostic tool – and of course, I need to be sure has the accuracy necessary. The Jury is still out on this particular machine; I will keep you posted. We have recently had some team turn-over and new additions. Joanne has replaced Karen as our treatment co-ordinator. Those that have met Joanne can see that Karen's 'hand-picked' replacement compliments our office well – you will hear from her a little further on. Taylor, our new float assistant, replaces

Dallas and Sabrina, who have both gone on to further endeavours – Sabrina is in Dental Hygiene school. We wish them well. Ali is on board to cover some of Jodie's hours as she will soon be on her third maternity leave, and our skilled, veteran hygienist Jenn has agreed to increase her hours as well, once Jodie's leave starts near the end of October.

I am pleased with the way our team is functioning to provide you with the best possible service. Keep in mind, with open lines of communication and a little patience, we will be able to make your dental experience a very positive one. If you have any concerns, please let us know. If you think we're great, please refer your friends and family members. **We are accepting new patients.**

With sincere thanks,
E. Jan Chithalen



OFFICE HOURS

Mondays 8 am to 6 pm

Tuesdays 8 am to 7 pm

Wednesdays 8 am to 7 pm

Thursdays 8 am to 5p m

Fridays 8 am to 2 pm

Patient friendly to serve you better

Clockwise around Dr. Chithalen: Jodie, Lori, Christa, Jenn, Taylor, Ali, Joanne (in white)

An introduction from our new team members:

Hi Everyone, I just want to introduce myself, my name is **Joanne**, and I'm the new treatment coordinator. I took over for Karen who has moved up north to be closer to family. Having known Karen for many years myself, I know she will be missed. Those were some big shoes to fill but I'm up for the challenge.

After being away from school for many years, I decided to go back and upgrade my skills to be able to work in the dental field. I have now been working for over 7 years as a receptionist and treatment coordinator. I enjoy meeting patients, and getting to know you as the best part of my day, so if you have any questions about your insurance coverage or upcoming treatment don't hesitate to call me. I am here for you!

Hello, my name is **Taylor**, and I am the newest member of the EJC Dentistry team. My position at EJC is the 'float assistant'. I graduated from CDI College in Hamilton in June 2006 from the dental office and chairside assistant diploma program. With my HARP certification, I can also help out Dr. Chithalen and Lori by taking X-rays when patients arrive. I also have my first aid certificate. So far, my experience working here has been wonderful. Dr. Chithalen and the other team members welcomed me with open arms. I have a feeling working here is going to be the best career decision I have ever made.

Hi! My name is **Ali** and I am happy to introduce myself as the newest Hygienist to join the team, here at EJC Dentistry. I am originally from Port Dover, but have recently moved to Hamilton. I attended University in Winnipeg, MB for one year of science studies before returning to Hamilton to complete my education in Dental Hygiene. I graduated in April of 2006 and have been at EJC Dentistry since January of this year. I am really enjoying myself and look forward to meeting those of you I have not already met!



The Team Talks:

Who'll Notice a Missing Back Tooth?

A missing front tooth would probably have you running to our office with your hand over your mouth, looking for the quickest way to fill the gap. A missing back tooth usually doesn't result in the same urgency, but there are very good reasons why you still need to replace any missing back teeth, even though it's not as visible as a missing front tooth.

Your teeth, when all present, keep each other in line. When one is knocked out or lost due to gum disease or dental decay, the resulting gap opens up a space for surrounding teeth to drift out of position, shift, or tip into the empty space, changing your bite. This could potentially lead to jaw pain, cavities, further gum disease and the potential to lose more teeth.

As more teeth go missing, you'll be forced to chew in other areas, which sometimes leads to tooth fractures from overloading, excessive wear and/or TMJ (jaw joint) problems.

Though you can't see it, as soon as a

tooth is lost, the surrounding bone starts to deteriorate. How quickly this happens will depend on the bone's density, your bite and how well your teeth align with each other. Please talk to us about replacements for any missing teeth. Early intervention will help you avoid more *extensive* and *expensive*, dentistry in the future.

-Joanne



While working part-time at EJC Dentistry, I took the opportunity, over the summer, to act as a temporary dental hygienist for a placement agency. While this gave me the opportunity to experience many different offices, it also gave me a great appreciation for the excellent equipment and work done here at EJC Dentistry. I certainly am thankful for the great job done by Dr. Chithalen and all my fellow co-workers. I am looking forward to coming on full-time in the fall to replace Jodie while she is on her third maternity leave and look forward to seeing many of you. Smiles.....Jenn

Pictured at left is the huge 8' Christmas stocking that is available to be won. Ballots will be awarded for submitting this issue's colouring picture or by referring a new patient to our office before Christmas.

Some of our Recent Work



Josh

Josh was our live patient when Lori and Dr. Chithalen took the Millennium Aesthetics course in Niagara. For him, we did 4 veneers on the upper teeth, 1 on the upper left and recontoured his lower front teeth, giving him a much more pleasing, natural smile which has boosted his confidence immensely and now he smiles everywhere he goes.

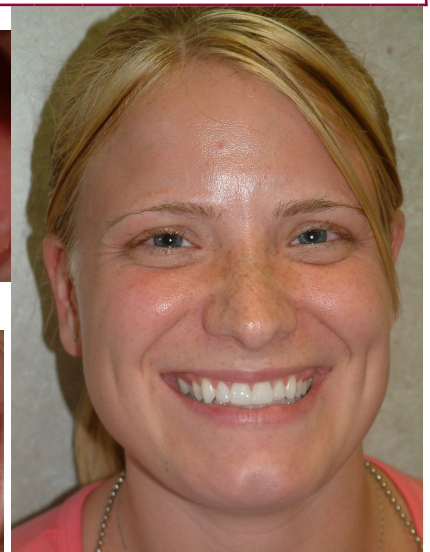
Talk to us today about what we can do for your smile and confidence level!

It is a privilege and an honour to help patients achieve the smile they have always wanted. So much can be done with dentistry to reshape and reposition teeth, add teeth and change the colour of teeth. The process is relatively simple, but is generally irreversible. At EJC Dentistry, we can take steps that will allow patients to see models of what their teeth could look like before any work is done. If you have ever wanted to change your smile, let us show you what can be accomplished. Call and speak to Joanne today.

Eva

Eva had never really be happy with her smile. Finally, she had the courage to ask what we could do for her. We were excited to be able to enhance her appearance and give her the smile she had always dreamed of - as can be seen in the final picture. For Eva, all that was done were 4 upper veneers.

Now, Eva says she doesn't cover her mouth anymore when she smiles - and she says she doing a lot of that!!



Dental humour from Joanne:

A little boy was taken to the dentist. It was discovered that he had a cavity that would have to be filled. "Now, asked the dentist, "What kind of filling would you like for that tooth?" "Chocolate, please," replied the youngster

EJC DENTISTRY

118 Stinson Street
Hamilton, Ontario
L8N 1S5

Phone: 905-522-1188
Fax: 905-522-1884
Email: info@forgreatteeth.com

"WE LOOK FORWARD TO YOUR SMILE!"

New Patients Welcome!!

We pride ourselves on the high quality of service and care that we provide. There's no better sign that we are serving you well than the number of new patient's you send to our door. We've built our practice on referrals and word of mouth from patients just like you, who have chosen to trust us with their family dental needs year after year. So, if you're wondering whether or not we accept new patients – **the answer is YES** - not only do we accept them, we encourage them. There's no higher compliment for us than to be given the privilege of meeting and serving the needs of a new patient.

We're on the Web!
www.forgreatteeth.com

See our new web design!!



"Smile!"

Some points to ponder...

Dental Implants

Are you missing one or more teeth and hide your smile because of these unsightly spaces?

Hello, this is Lori. Dr. Chithalen and I have taken a dental implant course and we are now doing selective dental implant cases. Providing the patient has a sufficient and healthy bone levels, we can perform the implant procedure in our office – start to finish. Therefore, there is no need for the patient to be referred out, and this means costs are lower to our patients. Placing an implant involves inserting an artificial tooth root in the missing tooth area, which, over time fuses to the jaw-bone. No other surrounding teeth are affected by this process. After placement of the implant, approximately three months healing time is required to ensure the bone has regenerated around the implant. Next, the crown or cap can be processed and inserted on top of the implant. The dental

implant can be maintained the same as a natural tooth, with brushing, flossing and your scheduled dental check ups. Our dental hygienists can help our patients with instructions on home care for their dental implants.

If you have healthy gums and bones and are looking for a permanent, natural looking, tooth conservative replacement for missing teeth and you are wondering if you are a suitable candidate for dental implants, please call us for a consultation. Our team at EJC Dentistry can answer your questions and concerns regarding dental implants. We also welcome new patients to our office.

Your dental assistant,
Lori

Your Smile

Does our smile 'say it all'? In a recent North American survey, 92.4% agreed

that an attractive smile is an important social asset. Only half of us were satisfied with our smile.

Your smile is one of your most powerful possessions. Smiles are such an important part of communication that we recognize them more than any other expression. Before humans learned to talk, our smiles literally meant the difference between life and death. Researchers believe that our smiles developed as a means of avoiding aggression; if your lips were pulled back to reveal all your front teeth, this would mean you were ready for a fight, but we learned to stretch our lips sideways, and partially cover our teeth to indicate a peaceful, non-aggressive greeting – The smile was born!

At our office, **we're 'smile' experts.** We can help maintain or improve your smile to **make yours the best it can possibly be.**

Christa :)